

## WEEKEND RIDES

Our weekend rides may occur on a Saturday, Sunday or, on occasion both days. We offer rides at two different levels, our entry level group, which we call the **Peloton Group**; and our more advanced group which we call the **Performance Group**.

Weekend rides are planned by the groups' respective ride leaders and distributed via an email blast once a week.

You do not need to be a member of Cycle Folsom to join in on our rides – Cycle Folsom is a no-dues, no-mandatory meetings, no-obligations group of cyclists.

To be included in the Cycle Folsom email blast, simply send an email to: [steve@cyclefolsom.com](mailto:steve@cyclefolsom.com) and indicate that you'd like to begin receiving the Weekly Ride Announcement.

For more information about our two riding groups, visit the links below:

[Peloton Group \(entry level\)](#)

[Performance Group \(advanced\)](#)