

Our weekend rides may occur on a Saturday, Sunday or, on occasion both days. We offer rides at three different levels: our entry level group, which we call the Gruppetto Group; our intermediate level which we call the Peloton Group; and our more advanced group which we call the Performance Group.

Cycle Folsom utilizes Meetup.com to manage the calendaring and social aspects of the Group as a whole. Ride leaders for each group research and plan rides according to general group training goals and objectives. Detailed ride descriptions are posted on the Meetup calendar each week, typically at least a week in advance. We request that cyclists join the Meetup Group so that they can R.S.V.P. prior to the ride. This allows our ride leaders to better plan and prepare for the ride. Becoming a Member of Cycle Folsom's Meetup site also allows you to complete a profile for yourself, which includes an acceptance of a required liability waiver.

Cycle Folsom is currently a no-dues, no-mandatory meetings, no-obligations group of cyclists. Those who join us on a regular basis are rewarded with additional challenges.

In addition to our Meetup site, we publish a monthly News & Info E-Mail that includes news, info, announcements, and occasionally, special offers from local businesses. We hate spam as much as you do, so your e-mail address will not be shared or sold.



For more information about our three riding groups, visit the links below:



*(Entry Level)*



*(Intermediate Level)*



*(Intermediate Level)*